

**HARRIS-STOWE
STATE UNIVERSITY**



BUZZ'N

October 2015

Student Affairs: Changing the Way We Think.

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INSPIRING CHANGE

THE DIVISION OF STUDENT AFFAIRS

The Division of Student Affairs focuses on the integration of learning, development of the whole student, and the life, mind and body of the student beyond the classroom. Collectively, the Division of Student Affairs and its affiliated offices foster growth, learning, engagement and development of students as individuals and community members. Student Affairs advocates on behalf of student needs and concerns, upholds student rights and responsibilities and builds a strong and just student community.

HOMECOMING



2015

Saturday, October 17

Join us Saturday, October 17 for our HBCU Awareness College Fair, sponsored by the Omicron Theta Omega Chapter of Alpha Kappa Alpha Sorority, Inc. and Harris-Stowe State University from 10 a.m. – 2 p.m. in the Emerson Center Gymnasium.

Sunday, October 18

Dine with SGA as they host their SGA Imperial Summit Brunch held in the ECEC Foyer from 11:30 a.m. – 1:30 p.m. Do you enjoy seeing talent? Do you have any talents yourself? Come to the talent show hosted by Campus Activities Board starting at 8 p.m. in the Emerson Bank of America Theatre.

Monday, October 19

Campus Activities Board hosts Wild N' Out Old School vs. New School Edition, Brown vs. Gold at 7 p.m. in the Emerson Bank of America Theatre.

Tuesday, October 20

At 3 p.m., join the Campus Activities Board on the Quad for their Wing Stop flash giveaway.

Later that evening, come out to enjoy the latest styles at the Infusion: Back to the Future Fashion Show beginning at 7 p.m. in the HGA Main Auditorium.

Wednesday, October 21

The 20th Anniversary Women's Soccer Game vs. Eureka College begins at 1 p.m. at the HSSU Soccer Field.

Our Royal Court Coronation will begin at 7 p.m. in the HGA Main Auditorium with a reception immediately following at 8:30 p.m. in the ECEC Foyer.

Thursday, October 22

The Former to Future: Alumni-to-Student Luncheon will be held 11:30 a.m. – 1:30 p.m. in the ECEC Foyer in the Professional Development Room.

Come out for some laughs, the Comedy Show will be at 7 p.m. in the HGA Main Auditorium featuring one of Kevin Hart's Plastic Cup Boys, Comedian "Spank," St. Louis' own B-Phlat and Benji Brown, better known as KeKe. Cost is \$5 for HSSU students and \$10 for non-HSSU students.

Later that night, The Bonfire, Laser and Light show will be at 9:30 p.m. on the HSSU Quad.

Friday, October 23

The HBCU Show-Me Show Down Greek Step Show, hosted by artist and entertainer, Dukk at 7 p.m. in the HGA Main Auditorium. Cost is \$15 for HSSU students and \$20 for non-HSSU students. Get ready for the SGA Undergraduate Party: All-Black Affair being held in the Emerson Gymnasium from 10 p.m. – 2 a.m. You must be 18 or older to attend; please have a valid I.D. Cost, in advance, is \$5 for HSSU students and \$10 for non-HSSU students or \$10 at the door for everyone.

Saturday, October 24

The Presidential Tailgate will begin at 11 a.m. in the Emerson Performance Center parking lot.

Come out and watch our HSSU Hornets vs. Indiana University Southeast at 2 p.m. for the official Homecoming game in Emerson Gymnasium. Cost (with valid I.D.) is free for HSSU students; \$10 for adults and \$5 for faculty, staff, children and alumni.

GET READY!! The official Homecoming concert hosted by KO, J-Star and 104.1's very own Shorty Da Prince with featured acts: Detroit native artist DeJ Loaf and Atlanta native group Migos.

In advance, concert is \$20 for HSSU students, \$30 for non-HSSU students and \$40 at the door. Must have HSSU I.D.

Packaged deal for HSSU students only: From September 23-Oct. 9, get your tickets for only \$30. Tickets are available for purchase in the Cashier's Office, HGA 018.



TIBETAN MONKS

AN ENLIGHTENING EXPERIENCE



Having the Tibetan monks with the ceremonies and construction of the "World Peace Sand Mandala" was a special 'once in a lifetime' educational and cultural experience for everyone on the Harris-Stowe campus. The process to create the mandala was fascinating as we watched the daily progress of what became an amazingly beautiful piece of art. For the students, faculty and staff it was an enlightening experience to be exposed to the culture of the Depung Monastery and to engage in face-to-face discussions about their culture and belief systems. The monks are spreading the timeless message of non-violence, kindness and compassion—things lacking in our society today. We were fortunate to have them on campus for the past two years. While in St. Louis, they supported peace-makers in Ferguson, and were asked to return to Ferguson to create a peace mandala at the Greater St. Mark Family Church.



**The Tibetan Monks Create and Destroy
the Sand Mandala at Harris-Stowe State University.**

HARRIS-STOWE RESIDENTS



Let's welcome the new school year! As you get settled into either your first year living on-campus or coming back to stay with us, we want to share with you some important functions the Office of Residential Life that may have an impact on your current living situation!

How Do I Fix This?

If there is a maintenance issue in your room you can go online and place a work order. Visit the Residential Life webpage on the Harris-Stowe State University website and under "Submit a Work Order" you will find the link. For safety-related maintenance issues, (i.e. lost keys, doors that won't lock) please notify your RA or RLC immediately.

Friendly Reminder

Residents are encouraged to discuss any housing issue with their Resident Adviser, Residential Life Hall Coordinator or Hall Director. There are processes that residents can use to set up roommate contracts, as well as mediating situations that may come up throughout the semester.

THE OFFICE OF RESIDENTIAL LIFE

At Harris-Stowe State University, we want all aspects of your college experience to be positive and enriching. The Department of Residential Life provides state-of-the-art, modern housing opportunities that are uniquely tailored to the needs of our students. We have been a residential campus since the fall of 2006 and we value our student residents and the experience that we provide for them.



Get Connected
[@ResLifeHSSU](https://www.instagram.com/ResLifeHSSU)

Follow us to get updates on important information for all students living on campus, upcoming events and programs in the building.



D.R.E.A.M.S. ACADEMY



BUZZ'N

October 2015

D.R.E.A.M.S. Academy is focused on the holistic transformation of males on Harris-Stowe State University campus academically, socially and spiritually. D.R.E.A.M.S. Academy is a commitment to self and others centered on servant leadership. The academy is founded on the pillars of academic excellence and civic engagement. Development programs will include, but are not limited to forums and panel discussions financial literacy workshops, resume and essay writing, GRE/GMAT/LSAT/MCAT preparation, think-tank discussions, study halls, volunteering, tutoring and mentoring. The academy invites enlightening speakers to engage in captivating and transformative dialogue with students. D.R.E.A.M.S. Academy's primary goal is to get males to the final destination of graduation, while simultaneously inspiring males to achieve holistic success, despite racial, religious or socioeconomic backgrounds.

Upcoming Events

October 12 — Midnight Breakfast Mid-term Study Jam

October 15 — Backpack to Briefcase Informational

October 24 — Community Service



HSSU.Dreams



/HSSUDreams



@HSSUDreams



A NOTE FROM COUNSELING & PREVENTION



Hey Hornets! It's that time of year! Homecoming! This is the time to show pride in our university and celebrate all of our accomplishments and plans for the future. It is a time to Turn-up!

However, it is important to be smart and safe as you party. For those of you who are of the legal age to drink, please consider the following tips to lower the risk of alcohol-related problems. Know before you go! Plan your evening by mapping out where you are going and who you are going with. Party with people you trust, remain vigilant regarding your surroundings and look out for one another.

EAT BEFORE YOU DRINK:

food slows the rate of alcohol absorption.

LIMIT YOUR INTAKE:

Be aware of the maximum amount of alcohol you can consume safely based on your gender and weight.

Stop by Counseling and Prevention Services for a BAC chart.

CHOOSE DRINKS WITH LOW ALCOHOL CONTENT.

A standard drink is: one 12 oz. bottle of beer or wine cooler, one 5 oz. glass of wine or 1.5 oz. of 80-proof distilled spirits.

CHOOSE DRINKS WITH FRUIT JUICE MIXERS,

which allow for slower alcohol absorption.

Have only one drink per hour and alternate booze with non-alcoholic beverages. Do not mix alcohol with prescription or illicit drugs.

Do not engage in sexual activity under the influence of alcohol: your decision-making skills and judgment are impaired.

For more information on reducing the risk of alcohol-related problems, contact Counseling and Prevention Services at counselingservices@hssu.edu or stop by Counseling and Prevention, Gillespie Residence Hall, Rooms 111A & B.

THE OFFICE OF COUNSELING & PREVENTION



The Division of Student Affairs through the Office of Counseling and Prevention and Partners in Prevention is proud to report that 15 HSSU students, nine members of SWAT (Students Working Against Trauma) and six Residence Assistants attended Certified Peer Education training September 18-19, 2015. The Certified Peer Educator (CPE) Training helps peer educators develop leadership skills to be able to successfully develop and implement campus programs. CPE training is a comprehensive, 12-hour foundation training suitable for any health and safety focused collegiate peer education group.

OCTOBER IS ...

- National Breast Cancer Awareness
- National Down Syndrome Awareness
- Domestic Violence Awareness
- SIDS Awareness Month
- Red Ribbon Week (last week of October)
- World Mental Health Day (October 10th)

The training concentrates on the skills needed by all peer educators to:

- Understand the basics of prevention, regardless of a particular health specialty
- Become a caring helper to others
- Provide awareness on health and safety risks
- Refer at-risk students to professionals
- Conduct educational programs and events
- Increase their leadership abilities and awareness of personal wellness
- Teach team building

The following students became certified: Jazmene Bonner, Parresha Jenkins, Patrice Perkins, Chelsea Williams, Jaemica Logan, Teara Gurdry, Christine Neal, Takyah Walker and Marshay Morton; as well as two of our Resident Assistants Leslie Anders and Cheyenne Sosa.

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